

## POLICY STATEMENT – CLIENT AGREEMENT- RULES AND REGULATIONS

There are certain rules and regulations which must be followed in order to maintain a warm, family- like atmosphere here at PATH OF HOPE, INC. Since you have chosen to enter our facility, please read the following, and affirm that you will adhere to these rules and regulations by signing your name.

1. No prospective client will be admitted who requires a mood-altering drug on a maintenance basis. Client must be ambulatory, and desire to stop drinking/drugging.
2. The program is for 28 days of treatment and rehabilitation. Each client must agree to remain in the facility until the program assigned is completed.
3. **CLIENTS MAY NOT LEAVE THE FACILITY** unless accompanied by a **STAFF MEMBER** during the entire stay at PATH OF HOPE, INC.
4. Clients will be allowed two ten minute phone calls per week. One on Tuesday and one on Saturday. Any emergency phone calls will be handled by staff. Clients **CANNOT** have or use cell phones (including visitor's cell phones), beepers, pagers or laptop computers.
5. Clients may have visitors every **THURSDAY NIGHT** from **6:00 PM until 9:00 PM** and **SUNDAY** from **1:30 – 5:00 PM** as long as the visitor(s) is at the Facility by **1:30 PM**. Anyone showing up after **1:30 PM** will not be allowed to visit. **REPEAT, ANYONE!!! All visitors on Sunday's (except children under Ten) must attend the family program, this is every Sunday. All visitors must follow dress code or they will be asked to leave.**
6. Co-operation from each client is mandatory, when asked to do a chore, participate in an activity (scheduled or unscheduled), or any reasonable request by any **STAFF MEMBER**, all clients are expected to comply!!!
7. **ALL MEDICATION (PRESCRIPTION OR OVER THE COUNTER)** must be turned over to **STAFF** when admitted. The **CLIENT** is responsible for requesting medication at the prescribed times.
8. All clients must be inside the facility by **11:00 PM** unless they are with a **STAFF MEMBER**. Facility doors will be locked at **11:00 PM** each night. **11:00 PM** is **BED TIME** and all lights, radios, and TV will be off. **THIS IS EVERYDAY!!!**
9. Television may be viewed from **8:00 AM** until **11:00 PM 7 DAYS A WEEK**.
10. Maintenance of this facility is shared by all, and each client is expected to do their share. All clients are to be out of bed by **6:00 AM** Monday-Friday. Clients are to make up their beds, put away clothing and clean the area around their bed before breakfast. Immediately after breakfast, all clients will perform additional household chores that have been assigned to them. Wake up time on Saturday and Sunday is 7:00 AM.
11. **No client will sit or lie down on beds between 6am & 6 pm (Mon- Fri) without permission from their counselor. At no time will any client lay/ stretch out on sofas. Nor should any client drape their legs over the arms of sofa's or chairs. The only furniture a client's feet should be on is their bed.**
12. All meetings and scheduled activities, including **MEALS**, are mandatory and **MUST BE ATTENDED BY ALL CLIENTS**. If a client does not wish to eat a certain meal, let the cook know and they may leave the dining area after the meal is served. There will be no phone calls made (by clients) during meal time.
13. Borrowing between clients **IS NOT PERMITTED**. See your counselor if you have a need.
14. **THERE WILL BE NO GAMBLING IN ANY FORM ALLOWED.**
15. The dress code for **MALES** will be: **SHIRTS WITH SLEEVES, JEANS/SLACKS, KNEE LENGTH SHORTS AND SHOES.**
16. The dress code for **FEMALES** will be: **JEANS/SLACKS, SHIRT WITH SLEEVES, KNEE LENGTH SHORTS /CAPRIS AND SHOES.** All clients must keep something on their feet at all times except when in their bedroom. **Shorts must be knee length.** All clients shall dress in a manner which will not embarrass themselves or others (such as unexpected guests) at all times. **NO TANK TOPS/SLEEVELESS TOPS WILL BE WORN AT ANY TIME. TROUSERS will be pulled up and worn around the waist at all times (Men and Women), SAGGING IS NOT PERMITTED. IF IN DOUBT ABOUT DRESS-CHECK WITH YOUR COUNSELOR.**
17. **PATH OF HOPE, INC.** is a tobacco-free facility. There will be **NO SMOKING, DIPPING, OR CHEWING** in any buildings. Tobacco use areas have been identified. Please see a **HOUSE MANAGER** or **COUNSELOR** if you have any questions.
18. **A Path Of Hope STAFF MEMBER** will go to the grocery store two times a week **ONLY FOR THE CLIENTS**. Zip lock baggy must be in **OFFICE BY 8:15 AM ON THESE DAYS**. This is twice a week only. **NAME, LIST OF ITEMS WANTED, & AMOUNT OF MONEY MUST BE ON THE INDEX CARD IN BAGGY.** This is normally on Tuesdays and Fridays.
19. There shall be **NO PHYSICAL VIOLENCE AT THE FACILITY or THREAT OF PHYSICAL VIOLENCE!!!!**
20. **NO HATS OR HEAD DRESS** will be allowed inside any building, residences, classroom, or AA/NA meetings.



- 21. **ANY STAFF MEMBER OF PATH OF HOPE, INC. RESERVES THE RIGHT TO REQUIRE ANY VISITOR TO LEAVE THE PREMISES FOR ANY REASON. REPEAT, FOR ANY REASON!!!**
- 22. Any client whose residency has been terminated for any cause may not return to the Facility except to pick up personal belongings, and then only if alcohol/drug-free. Personal belongings not picked up within **ten (10) days** will be disposed of by the staff.
- 23. **THERE WILL BE NO SEXUAL CONTACT WITH ANYONE (no sneaking off with family members) AT ANYTIME WHILE YOU ARE ENROLLED AT PATH OF HOPE, INC.**
- 24. **THERE WILL BE NO FRATERNIZATION BETWEEN MALE AND FEMALE CLIENTS AT ANY TIME. MALE AND FEMALE CLIENTS WILL ONLY BE TOGETHER IN THE CLASSROOM WITH A COUNSELOR PRESENT.**
- 25. **VISITATION ON THURSDAY AND SUNDAY WILL BE AS FOLLOWS:**  
**FEMALES:** From the Administrative Office East to the property line and in front of the house. Clients are also allowed to use the **PICNIC SHELTER** with family.  
**MALES:** From the Administrative Office West to the property line and in front of the house. Clients are also allowed to use the **PICNIC SHELTER** with family.  
**AT NO TIME ARE CLIENTS ALLOWED IN THE LOWER FIELD AREA WITHOUT A COUNSELOR BEING PRESENT!!**
- 26. **ABSOLUTELY NO FOUL OR PROFANE LANGUAGE IS ACCEPTABLE AND WILL NOT BE TOLERATED!**
- 27. There are to be no drinks in the living rooms areas or the bedrooms. Drinks are only allowed in the kitchen and dining room areas. Drinks may be taken to the front porch area or outside at the discretion of staff.

I, \_\_\_\_\_ have read the terms of this contract and agree to abide by all rules and regulations. I agree that the violation of the above will result in my immediate discharge from the facility. I further agree that my failure to leave the facility after discharge will make me a trespasser and further notice of trespassing is hereby waived.

**Client's Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Responsible Staff Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_