

HOW IS TREATMENT

PROVIDED?

INPATIENT/RESIDENTIAL

TREATMENT

Everyone arises at 6:00am. There is a short devotion before breakfast. After breakfast, each person does chores assigned to him/her, Monday-Friday classes/groups, are held four times daily and are conducted by Board Certified Substance Abuse Counselors. Each client has daily homework from information presented in the group sessions based on their progress in the program. On Saturday, there is one class and on Sunday, family members participate in a family program during visiting hours. AA/NA meetings are attended every night except Thursdays. Clients are expected to be in bed each night by 11:00 pm. All clinical staff are licensed/certified by the NCSAPPB or registered with that board. Examples of topics covered while in the program include: drug education, physical aspects of addiction, family roles in addiction, and gender groups.

“Learning Sobriety”

Path of Hope, Inc.

is licensed by the North Carolina Department of Health and Human Resources as a Substance Abuse Treatment Facility, that offers Residential, and Family Treatment Services

P A T H O F H O P E , I N C .

Our Administrative Office, Male Facility, Female Facility, and Classroom Building are located at:

1675 East Center Street Ext.

Lexington, NC 27292

MAILING ADDRESS

P.O. Box 1824

Lexington, NC 27293-1824

Phone: 336-248-8914

Fax: 336-248-2138

E-mail: pathofhope@lexcominc.net

Visit us online: <http://apathofhope.org/>

Client Information



Our Mission Is...

To meet the needs of all people suffering from the disease of alcoholism and other drug addiction by providing a safe, secure environment focused on recovery

United
Way



P A T H O F H O P E , I N C .

What to bring?

1. Please bring clothes that are comfortable. We ask that you not bring clothes that may be distracting for other clients. A washing machine and dryer are available for use.
2. Please bring personal toiletries such as a toothbrush, toothpaste, shampoo, deodorant, etc. If possible, bring a towel and wash cloth for your personal use.
3. Spending money is acceptable. Staff goes to the grocery store twice a week for client needs. There is also a drink machine available if you want something different than what we provide. Stamps and phone cards are available for purchase in the office.
4. You may bring your own pillow, blanket, bedspread, etc. Anything that will make you feel more at home. Teddy bears are welcome.

What NOT to bring?

1. Cell phone, beepers, pagers, and laptops are not allowed.
 2. Clothing with any vulgar language or drug/alcohol logos. Clothing that is too tight, has holes in the seat, pants that hang down below the hips, and other clothing that may be offensive to other clients and/or staff. Stomachs must be covered. Short shorts are not permitted. Shorts must reach the knees.
 3. Products with alcohol in them. Please check mouthwashes and other dental products. You can buy alcohol-free products.
- A “I-know-it-all-attitude”. If you did, you would not need to come to our facility.

YOU MUST BE CLEAN FOR 72 HOURS PRIOR TO YOUR ADMISSION. PATH OF HOPE, INC. IS NOT A DETOX FACILITY. PLEASE SPEAK WITH YOUR COUNSELOR IF THIS IS A PROBLEM.

MEDICATIONS

Any medications (prescription & over-the-counter) **MUST** have a signed doctor's order before you can take them at Path of Hope.

1. If you are prescribed medication, please come with at least a thirty day supply of your meds.
2. If you routinely take an over-the-counter medication, you may bring it with you and then staff will determine if it is something you can take while you are here.

You may not take narcotics, opiates, certain other pain medications, medications contain alcohol, and benzodiazepines.

If you have any questions about any medication you are taking please call before you are scheduled to arrive and speak with one of our clinical staff.